

Welcome to the Abilities First

Community Education Program Guide!

This program fosters full inclusion in our community and supports individual goals. These classes are open to all members of the community!

Through a diverse range of classes in art, theatre, and other engaging activities, opportunities are created to connect and grow together.

All programs are accessible with a variety of enriching experiences.

We look forward to learning with you!

Keep an eye on our social media pages, as we are going to have some exciting offerings each month!

We want to thank all our Community Partners:



Fall 2024 Class Descriptions

August 2024

Hybrid Watercolor Painting (ages 13+) \$120

Students will complete themed watercolor paintings in this seated class. Students may have the assistance of a support individual as needed. Zoom student supplies will be doorstep delivered. Supplies will be provided upon arrival for seated students. Class will meet 4 times on Mondays from 5-6pm, August 5th through August 26th. This hybrid class be held at AcompanArte located at 1530 S Glenstone; Springfield MO. Class is limited to 10 students. Instructor: Debbie Akers

Preschool Art (Ages 3-6) \$150

Students will create various themed art projects using construction paper, crayons, and paper plates. Students may have the assistance of a support individual as needed. Student supplies will be provided. The class will meet 4 times on Wednesdays August 7th through 28th at 4pm-5pm. Class location to be determined. Class is limited to 8 students. Instructor: Debbie Akers

Mini Magazines (Ages 9-12) \$225

Students will create and illustrate mini magazines. Students may have the assistance of a support individual as needed. Student supplies will be provided. Class will meet 4 times on Fridays from 12:30pm-2pm, August 9th to August 30th. The seated classes will be held at Starbucks located at 2817 N. Kansas Expressway #44, Springfield, MO. Class is limited to 8 students. Instructor: Debbie Akers

Zoom Animal Drawing (All Ages) \$120

Students will learn how to draw various animal shapes both realistic and animated. Students may have the assistance of a support individual as needed. Students provide their own pencil and paper. The class will meet 4 times on Zoom. Classes will be held on Wednesdays at 10am August 7th through August 28th. The class is limited to 10 students. Instructor: Debbie Akers

Anime Watercolor Painting Pop-Up (ages 13+) \$45

Students will complete an Anime themed watercolor painting in this pop-up seated class. Students may have the assistance of a support individual as needed. Supplies will be provided upon arrival. This pop-up class will be held August 22nd from 1pm-2pm at The Library Center (community room B) located at 4653 S Campbell, Springfield MO. Class is limited to 10 students. Instructor: Debbie Akers

September 2024

<u>Art to Market (Ages 13+) \$150</u>

Students will learn the process of developing a collection of work. Student artwork will be exhibited. Students may have the assistance of a support individual as needed. Supplies will be provided upon arrival. The class will meet on Mondays from 5pm-6pm for 4 sessions from Sept 9 through Sept 30th. This class will be held at AcompanArte located at 1530 S Glenstone; Springfield MO. Class requires pre-approval from instructor before enrollment. The class is limited to 8 students. Instructor: Debbie Akers

Fiber Arts (ages 13+) \$225

Students will create various fiber art pieces by using weaving, felting, embroidery, and simple hand sewing techniques. Students may have the assistance of a support individual as needed. Supplies will be provided upon arrival. Class will meet 4 times from 12:30pm-2pm on Fridays from Sept 6th through Sept 27th. The seated classes will be held at Starbucks located at 2817 N. Kansas Expressway #44, Springfield, MO. Class limited to 8 students. Instructor: Debbie Akers

Abilities First Mural Painting (Ages 6-12) \$150

Students will create various paintings to be presented and displayed at Abilities First. Students may have the assistance of a support individual as needed. Student supplies will be provided. Class will meet 4 times on Wednesdays from 4pm-5pm from Sept 4th through Sept 25th. This seated class will meet at Abilities First located at 3216 S National, Springfield MO. Class is limited to 8 students. Instructor: Debbie Akers

Zoom Movement (all ages) \$120

This class will involve techniques of movement from the comforts of your home. Movement will work to strengthen muscles, stance, and balance, all while having fun! Classes meet 4 times Mondays on Zoom from 10am-11am on Sept 9th through Sept 30th. The class is limited to 10 students. Instructor: Spencer Tilley

Music Appreciation (Ages 13+) \$120

Students will explore different genres of music and possibly find some new favorites along the way while constructing various instruments. Students may have the assistance of a support individual as needed. Supplies will be provided upon arrival. Class will meet 4 times on Mondays from 2pm-3pm on Sept 9th through Sept 30th. Location to be determined. The class is limited to 10 students. Instructors: Debbie Akers and Spencer Tilley

Comic Book (ages 13+) \$120

Students will learn the skill of bookbinding as well as including Comic graphics and creative writing. Students may have the assistance of a support individual as needed. Supplies will be provided upon arrival. The class will meet from 6pm-7pm on Tuesdays for 4 sessions from Sept 3rd through Sept 24th. This class be held at AcompanArte located at 1530 S Glenstone; Springfield MO. Class limited to 10 students. Instructor: Debbie Akers

Preschool Art (Ages 3-6) \$150

Students will create various themed art projects using construction paper, crayons, and paper plates. Students may have the assistance of a support individual as needed. Student supplies will be provided. Classes will be held at Arthur Mallory Childhood Center, 2525 W College Road. The class will meet 4 times on Tuesdays from 4pm-5pm from Sept 3rd through Sept 24th. Class is limited to 8 students. Instructor: Debbie Akers

Check in, Cash out (ages 13+) \$180

Students will learn about employment skills and explore their dream job. Students will explore different communication skills and problem solving. Anyone interested in employment is encouraged to join this class. The class will meet 4 times on Wednesdays from 1:00pm-2:30pm on Sept 4th through Sept 25th. The class is limited to 10 students. Location to be determined. Instructor: Spencer Tilley

Fall Watercolor Painting Pop-Up (Ages 13+) \$35

Students will create a fall themed watercolor painting. Students may have the assistance of a support individual as needed. This one-time class will meet from 4pm-5pm on Thursday Sept 26th. Student supplies will be provided. The class is limited to 10 students. Location to be determined. Instructor: Richard White

October 2024

Hybrid Monster Mash Watercolor Painting (ages 13+) \$120

Students will complete Halloween Monster themed watercolor paintings in this hybrid class. Students may have the assistance of a support individual as needed. Supplies will be provided upon arrival for seated and doorstep delivered for online students. Class will meet on Tuesdays for 4 sessions on Tuesdays from Oct 8th through Oct 29th from 6pm-7pm. This class be held at AcompanArte located at 1530 S Glenstone; Springfield MO. Class is limited to 10 students. Instructor: Debbie Akers

Fall Photography (Ages 13+) \$150

Students will learn various photography guidelines while taking pictures in various locations in Springfield. Students may have the assistance of a support individual as needed. Student cameras will be provided. Class will meet 4 times on Fridays from 3pm-4pm on Oct 4th through Oct 25th. Students will meet for the first class at Nathanael Greene Park by the Hostas Garden parking lot facing Scenic. Class is limited to 8 students. Instructor: Debbie Akers

Social Media Savvy (Ages 13+) \$120

Students will learn social media safety and etiquette. Students may have the assistance of a support individual as needed. Student supplies will be provided. Class will meet 4 times on Wednesdays from 2pm to 3pm on Oct 9th through Oct 30th. Location to be determined. The class is limited to 10 students. Instructor: Spencer Tilley

Walking (Ages 13+) - \$120

Each week we will walk and enjoy some of Springfield's walking spots. We will also visit with friends and classmates as we walk! Classes will meet 3 times on Mondays from 1pm-2pm Oct 7th through Oct 28th (no class Oct 14th). Students will meet for the first class at Nathanael Greene Park by the Hostas Garden parking lot facing Scenic. Class is limited to 10 students. Instructor: Debbie Akers

Hybrid Spooktacular Acrylic Painting (Ages 6-12) \$135

Students will complete various themed acrylic paintings. Students will have the option of meeting on Zoom or seated. Students may have the assistance of a support individual as needed. Zoom student supplies will be doorstep delivered. Supplies will be provided upon arrival for seated students. Class will meet 3 times on Mondays from 5pm-6:30 pm from Oct 7th through Oct 28th (no class Oct 14th). This class will be held at AcompanArte located at 1530 S Glenstone; Springfield MO. Class is limited to 10 students. Instructor: Debbie Akers

Preschool Art (Ages 3-6) \$150

Students will create various themed art projects using construction paper, crayons, and paper plates. Students may have the assistance of a support individual as needed. Student supplies will be provided. Classes will be held at Arthur Mallory Childhood Center, 2525 W College Road. The class will meet 4 times on Tuesdays from 4pm-5pm from Oct 8th through Oct 29th. Class is limited to 8 students. Instructor: Debbie Akers

Mixed Media Scarecrow Painting Pop-Up (Ages 13+) \$35

Students will create a mixed media Scarecrow Painting with acrylic paint and other materials. Students may have the assistance of a support individual as needed. Student supplies will be provided. This one-time class will meet from 4pm-5pm on Thursday Oct 24th. Location to be determined. The class is limited to 10 students. Instructor: Richard White

November/December 2024

Zoom Pre-Teen Fashion Design (Ages 10-12) \$120

Students will have the opportunity to create their own shoe and clothing designs. Students will provide their own construction paper, pencils, markers, scissors and glue. Students may have the assistance of a support individual as needed. This online class will meet 5 times on Mondays from 10am-11am from Nov 4th through Dec 16th (no class Nov 11th or Nov 25th). The class is limited to 10 students. Instructor: Debbie Akers

Hybrid Adult Holiday Acrylic Painting (Ages 13+) \$225

Students will complete various Holiday themed acrylic paintings. Students will participate in a seated class or have the option of Zoom. Students may have the assistance of a support individual as needed. Zoom student supplies will be doorstep delivered. Supplies will be provided upon arrival for seated students. Class will meet 5 times on Mondays from 5pm-6:30pm Nov 4th through Dec 16th (no class Nov 11th or Nov 25th). This class will be held at

AcompanArte located at 1530 S Glenstone; Springfield MO. Class is limited to 10 students. Instructor: Debbie Akers

Wreath Making Pop-Up (Ages 13+) \$45

Students will create their own wreath using various materials. Students may have the assistance of a support individual as needed. Supplies will be provided upon arrival. This one-time class will be held on Nov 25th from 5-6:30pm at AcompanArte located at 1530 S Glenstone, Springfield MO. Class is limited to 10 students. Instructor: Debbie Akers

Fiber Arts (ages 13+) \$340

Students will create various fiber art pieces by using weaving, felting, embroidery, and simple hand sewing techniques. Students may have the assistance of a support individual as needed. Supplies will be provided upon arrival. Class will meet 6 times on Fridays from 12:30-2:00 on Nov 1st through Dec 13th (no class on Nov 29th). The seated classes will be held at Starbucks located at 2817 N. Kansas Expressway #44, Springfield, MO. Class limited to 8 students. Instructor: Debbie Akers

Preschool Art (Ages 3-6) \$225

Students will create various themed art projects using construction paper, crayons, and paper plates. Students may have the assistance of a support individual as needed. Student supplies will be provided. Classes will be held at Arthur Mallory Childhood Center, 2525 W College Road. The class will meet 6 times on Tuesdays from 4pm-5pm from Nov 5th through Dec 17th (no class Nov 26th) Class is limited to 8 students. Instructor: Debbie Akers

Hybrid Holiday Watercolor Painting (ages 13+) \$180

Students will complete various winter holiday themed watercolor paintings in this class. Students will have the option of participating through zoom or in person. Students may have the assistance of a support individual as needed. Zoom student supplies will be doorstep delivered. Class will meet 6 times on Tuesdays from 6:00-7:00pm, Nov 5th through Dec 17th (no class Nov 26th). This class will be held at AcompanArte located at 1530 S Glenstone, Springfield MO. Class limited to 10 students. Instructor: Debbie Akers

Sculpture (Ages 13+) \$180

Students will create 3-dimensional sculpture pieces using various art materials. Students may have the assistance of a support individual as needed. Supplies will be provided upon arrival. Classes will meet 6 times on Wednesdays from 4pm-5pm on Nov 6th through Dec 18th (no class Nov 27th) Location to be determined. This class is limited to 10 students. Instructor: Debbie Akers